



HAPPY EASTER!



April 15, 2020

Newsletter #147

Currajong Kitchen now open!



DURING difficult times it is easy to forget the small yet significant efforts people make.

Such unconditional kindness is easy to miss especially amidst an extraordinary global COVID-19 pandemic.

This next act though may just be the feel good story of the week after the events of late. Chris and Jason Spicer, participants at Currajong Disability Services decided to bake cakes to show their gratitude and appreciation for all the front line workers at Parkes Hospital. with police and ambulance also getting freshly baked flummaries delivered too.

"It's a tremendous gesture from our guys and something they really wanted to do," said Dane Millerd of Currajong Disability Services.

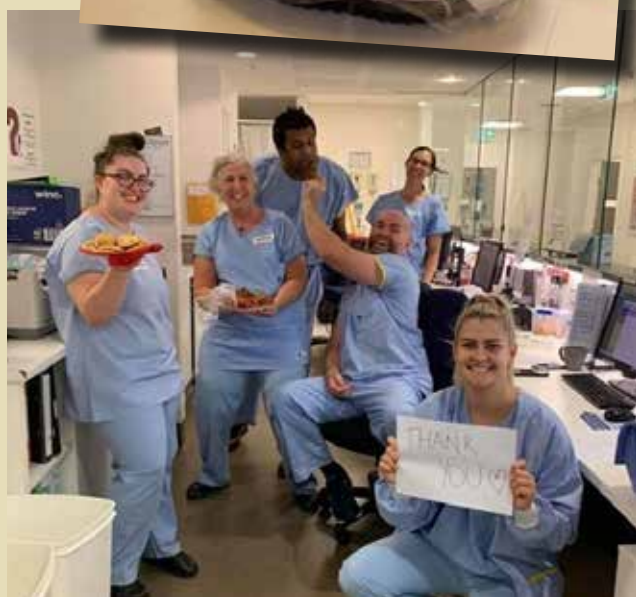
"As an organisation, I know I am not alone when I say that there are many ways we want to help.

"Inevitably it's those one percenters that make a difference," said Dane.

The act of giving didn't go unnoticed either with Currajong coming in for special praise from Parkes Hospital for their kind token of support posting a Thank You photo.

"It was our way of giving back to the community and also showing our appreciation to front line medical staff that do so much for us," said Indigo Kriedemann of Currajong Disability Services.

"We are hoping to continue this on and assist other community groups where we can especially in the current environment," Indigo said. **Cont'd Page 9**



INSIDE



Kyal lands his dream job

#StayAtHome





EASTER SNAPS!



We're Going on a Bear Hunt!



THE Currajong Sewing have also been making teddy bears in the spirit of the Parkes Christian School initiative to fill empty business store fronts with colour and positive vibes via teddy bears. This coincides with the umbrella bags that have also been a hit.

"The teddy's will be popular no doubt," said Deitre Jackson of Currajong.

"Whenever we have branched into that area before it has always been well received.

"This will be the same too as people love it and really want to support us," she said.

"We will also find other worthy causes for them too I'm sure!"

In one of the more positive outcomes of the Corona pandemic – people from all around the world are coming closer together in fun and creative ways and teddy bears are a major drawcard.

One of these initiatives has seen Parkes residents joining in by putting teddy bears and other stuffed animals in their windows for families to take their kids on a bear hunt. Inspired by the popular children's book 'We're Going on a Bear Hunt' by Michael Rosen, the real-life bear hunt has spread all over the world, with even the New Zealand Prime Minister Jacinda Ardern placing a teddy in the front window of Premier House in Wellington, where she is in lockdown with her family.

The Parkes Christian School called on families last week to join in and in no time teddy bears started appearing in windows.

There's always something going on at



For the latest info go to - <https://www.ndis.gov.au/>

I support the
ndis



How to protect yourself, mob and community from COVID-19.

- Clean your hands for at least 20 seconds with soap and water, or an alcohol-based hand rub
- Cover your nose and mouth when coughing/sneezing with a tissue or a flexed elbow
- Avoid close contact with anyone with cold or flu-like symptoms
- Stay home if you are sick
- Don't touch your face after touching other surfaces



WESTERN NSW LOCAL HEALTH DISTRICT COVID-19 (CORONAVIRUS) CALL CENTRE 1300 066 055

*This information is made available to support our Aboriginal communities to reduce your risk through the COVID-19 (Coronavirus).
We all have a responsibility to make smart decisions to protect our families and communities.*

Nothing Sauer about Kyal's new truckin' gig

A man with glasses and a mustache, wearing a high-visibility yellow long-sleeved shirt with reflective silver stripes and dark pants, stands in a workshop. He is holding a dark container in his left hand. The background shows a large open bay door with a forklift and other equipment visible outside. The lighting is bright from the bay door.

FOR as long as he can remember all Kyal Sauer wanted to do was work with trucks. More than a hobby, trucks are Kyal's passion and he has finally achieved his goal off his own plate. Forbes Kyal Sauer, who has autism, has just landed his dream job and he couldn't be happier!

"I have always wanted to get into the truck industry and be around heavy machinery," said Kyal.

"I love everything about trucks.

"I am so happy I got this job so I can learn more," Kyal said.

Kyal's new role is in Forbes so it is close to home and he couldn't be more pleased.

"It's a short drive to work at Wallace Bulk Haulage which is good.

"Everyone there is great and very supportive," he said.

Kyal's new job is 2 days a week each Wednesday and Friday and he is in part responsible for the upkeep and cleaning of the trucks.

"I get to make sure the trucks are roadworthy and in good nick," Kyal said.

"It's an important job and someone has to do it.

"I'd do it all day every day if I could!"



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hearing health, we're here for you.

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[^]If you've been fitted with a hearing device through the Australian Government Hearing Services Program (the program), you have the option of entering into a maintenance agreement with Hearing Australia, which covers the cost of the above services for a small annual fee. Other fees may apply subject to eligibility requirements under the program.

BIG THANKS TO PARKES AMBO'S



THE Parkes Ambulance Service meanwhile were also beneficiaries of Currajong cake baking and cooking via Heather Coates and Donna Apps.

The treats were dropped off last Monday and well-received by the ambulance officers.

"A big congrats to all involved for their efforts from our participants who want to drive this great initiative through to the front line staff who risk everything for us day in and day out during this challenging time," Indigo said.

"Kindness costs nothing - it's fantastic we have been able to do this!"



Another big week at Currajong ...



CHRIS HAS A GREAT WEEK AT CURRAJONG



CHRIS Spicer has been a regular at Currajong Disability Services for years and he hasn't looked back!

This week Chris was involved in a number of activities from baking for our front line professionals impacted by COVID-19, cleaning up and doing his bit around Currajong HQ and as of yesterday, making wreaths for ANZAC Day.

Currajong's Indigo Kridemann has been impressed with Chris and how he has adapted.

"Routine change isn't easy for some of our participants but Chris has adapted well," she said.

"He is doing well.

"Chris continues to try new things and has always had a willingness to learn and it's all we can ask."



COVID-19

LIFESPAN ON DIFFERENT SURFACES



air

3 hours - includes moisture from coughs/sneezes, fog, dust, medical gas



copper

4 hours - includes taps, draw handles



non-porous surfaces

4+ days - includes door knobs, elevator buttons, hand rails, light switches



cardboard

24 hours - packages and mail unlikely to transmit COVID-19



plastic

2-3 days - includes bottles, plastic bags, containers



glass

9 days - Includes mobile phones, use disinfectant wipes not alcohol wipes

Source: World Health Organisation

7 NEWS
.com.au

Jeanette Purkis Autism Books
and Other Things

I DON'T WANT AUTISM
AWARENESS, AT
LEAST NOT BY
ITSELF. I WANT
AUTISM UNDERSTANDING,
FRIENDSHIP, RESPECT,
LOVE AND ACCEPTANCE

CURRAJONG
DISABILITY SERVICES

#StayAtHome



www.currajong.org.au