



ANZAC Day 2020 prep in full swing!



*Timbo Wheeler
proudly displaying his
ANZAC Day wreath
he made along with
his other Westview
housemates.*

Newsletter #148

April 21, 2020

WITH ANZAC Day taking on a more subdued and different tone in 2020 due to COVID-19, residents at Currajong Disability Services various houses took some time out to create these wonderful ANZAC wreaths to mark the occasion on April 25. Splendid effort guys and no doubt our veterans would be proud! (MORE INSIDE)

INSIDE



Jujubes done and dusted



New HQ looking good

#StayAtHome



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ndis



ANZAC DAY PREP



RESIDENTS EMBRACE ANZAC



Dave Ryan with his ANZAC Day wreath standing in front of an Australian flag at Westview. Great job Dave!



AT dawn this Saturday April 25, residents from Currajong Disability Services will be participating in the Driveway Dawn Services across the region in a sign of solidarity and support for veterans who have served in war.

For Currajong's John Carey, it is a ritual he participates in every year and he among others see it as a highlight on the local calendar only this year with a twist.

"RSL NSW is also urging all people to stand at the end of their driveways, porches, patios, balconies or living rooms for Dawn Service to commemorate Anzac Day," said Dane Millerd of Currajong.

"We will certainly be doing that!"

There's always something going on at



For the latest info go to - <https://www.ndis.gov.au/>

I support the
ndis

How to protect yourself, mob and community from COVID-19.

- Clean your hands for at least 20 seconds with soap and water, or an alcohol-based hand rub
- Cover your nose and mouth when coughing/sneezing with a tissue or a flexed elbow
- Avoid close contact with anyone with cold or flu-like symptoms
- Stay home if you are sick
- Don't touch your face after touching other surfaces

Our Health District
Living Well Together



WESTERN NSW LOCAL HEALTH DISTRICT COVID-19 (CORONAVIRUS) CALL CENTRE 1300 066 055

Information is made available to support our Aboriginal communities to reduce your risk through the COVID-19 (Coronavirus). We have a responsibility to make smart decisions to protect our families and communities.

JUJUBES DONE FOR 2020



LAST week the last of the Currajong jujubes were stacked, packed and shacked to market in Sydney. This year the crop produced in the vicinity of 200-220 boxes of jujubes.

"It was a great year for the jujubes and we hope to build on it," said Wayde Kriedemann of Currajong.

"Each year gets better so we are optimistic that 2021 can be an even greater success for us," said Wayde.

"The interest and demand is there and is growing and we are in a great spot to address that." If the jujubes were popular enough, many involved with Currajong also continue to find new and inventive ways to use jujubes with Di Bowkett recently making a Jujube Cheesecake Slice that from all reports was a hit! Where's our slice Di?

NEW HQ TAKING SHAPE



THE new Currajong Disability Services HQ on Orange Road is being brought up to scratch for relocation.

A big thanks to Wayde and all the participants and staff who have been working tirelessly to maintain the property. It is no mean feat and we can't to move in and start a new chapter in the Currajong story!

Information on income support for Coronavirus



centrelink

Have you ever received income support?

You may already have a Centrelink Customer Reference Number (CRN). This may be from when you got student or family payments or even from when your parents received benefits for you. CRNs don't change. You have a number for life. If you previously had a CRN, you can use that number now to go online to make a claim.

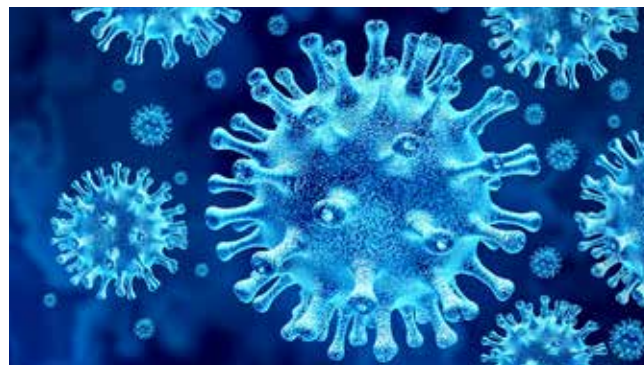
Please take the time to look for this number. It will help you claim quickly. Your CRN may be listed on old bank statements, letters or documents from your educational institution.

I've never received income support or can't find my CRN

There are three things you need to do as a priority.

my.Gov.au

1. Create a myGov account at **my.gov.au** – it's quick and easy to do. You'll need an email address, mobile phone number and to answer some basic questions. Once you've created your account, link it to a government service, like Medicare or the Australian Taxation Office. Once you do this, you'll get a prompt to register your intention to claim a Centrelink payment.
2. Register your intention to claim a Centrelink payment. This simple process will let you give basic details so we can contact you later to help you with your claim. It's important you complete this process and give correct details. This process also enables us to backdate your payment if your claim is successful.
3. You'll need a CRN. The easiest way to do this is to wait until we contact you after you've registered your intention to claim a payment. You can also contact **132 850** and answer some simple questions about your identity to get your CRN. You'll need to have details of your passport, driver licence or birth certificate.



Once you've completed these steps and set up your Centrelink online account, you can start your claim for an income support payment. You'll need some supporting documents (including your CRN). We're updating the online claim to reflect new Government policy and legislation that aims to support Australians affected by Coronavirus. This will take time.

Due to a large number of claims, it will take time for us to contact you. Remember, your payment will be backdated if you registered your intention to claim a payment.

You may choose to do your full claim through myGov using your Centrelink online account without registering your **intention to claim**. To do this you'll need to know your CRN.

Accessing Services Australia

In line with the current advice from the Australian Government Chief Medical Officer, there's a reduction in the number of people in service centres to maintain social distancing practices for the health and safety of customers and staff. If you choose to come to a service centre it's likely you'll experience a delay. If you're waiting in a queue you must practice social distancing.

Our job seeker line **132 850** has extended hours of operation from 8am to 8pm local time on weekdays and 9am to 5pm local time on weekends.



Australian Government
Services Australia

servicesaustralia.gov.au

Your hearing and wellbeing is our number one priority

If we can do anything to support you with
hearing health, we're here for you.

We are here to help if you need[^]:



Batteries



Cleaning of your device



Repairs or spare parts for your hearing aid



Check in and maintenance



Replacement ear pieces

Contact us on:


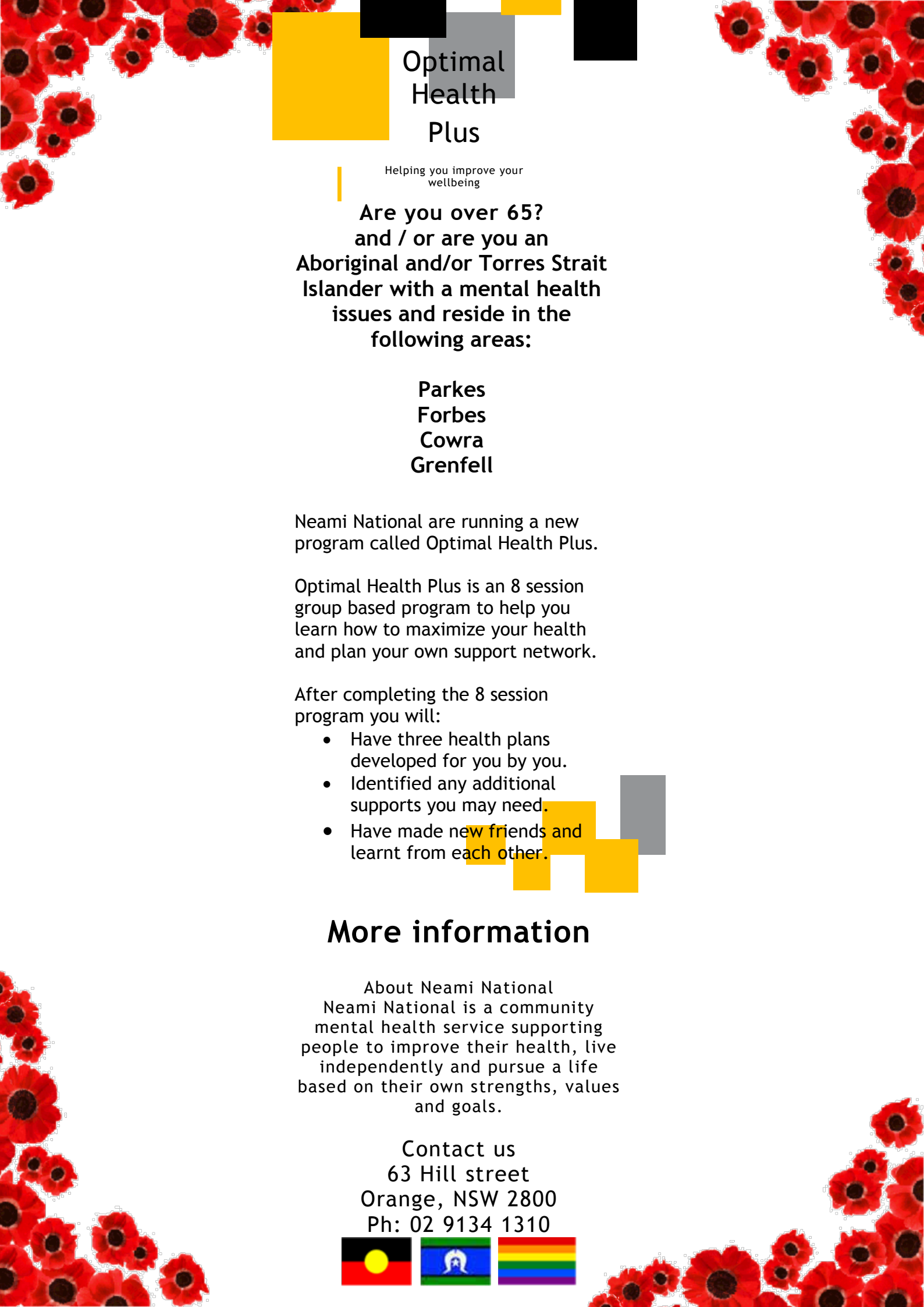


Call us on 02 6393 0500



Visit us at hearing.com.au where we also offer live chat

[^]If you've been fitted with a hearing device through the Australian Government Hearing Services Program (the program), you have the option of entering into a maintenance agreement with Hearing Australia, which covers the cost of the above services for a small annual fee. Other fees may apply subject to eligibility requirements under the program.



Optimal Health Plus

Helping you improve your
wellbeing

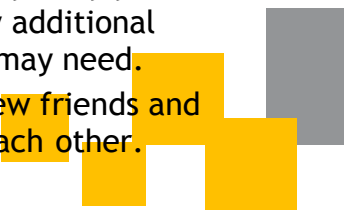
**Are you over 65?
and / or are you an
Aboriginal and/or Torres Strait
Islander with a mental health
issues and reside in the
following areas:**

**Parkes
Forbes
Cowra
Grenfell**

Neami National are running a new
program called Optimal Health Plus.

Optimal Health Plus is an 8 session
group based program to help you
learn how to maximize your health
and plan your own support network.

After completing the 8 session
program you will:

- Have three health plans
developed for you by you.
 - Identified any additional
supports you may need.
 - Have made new friends and
learnt from each other.
- 

More information

About Neami National
Neami National is a community
mental health service supporting
people to improve their health, live
independently and pursue a life
based on their own strengths, values
and goals.

Contact us
63 Hill street
Orange, NSW 2800
Ph: 02 9134 1310



Another big week at Currajong ...



DIDJA KNOW?

Simple steps for hand hygiene.

- After coughing and sneezing
- When caring for the sick
- Before, during and after you prepare food
- Before eating
- After using the toilet
- After handling animals
- When your hands are visibly dirty

Coronavirus Important Contact Information

National Health Direct Line: 1800 020 080

Follow the Western NSW Local Health District Facebook Page or go to our website: wnswlhd.health.nsw.gov.au
Western NSW Covid-19 Call Centre by contacting your local hospital and pressing 0 for the Covid-19 Call Centre -
Operating 8am to 5pm Monday to Friday

Our Health District
Living Well Together





LEST WE FORGET