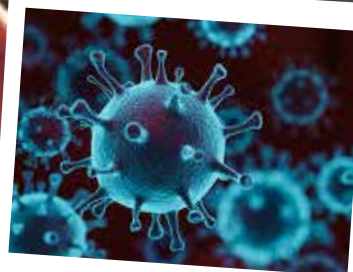




Doug's Dry July



COVID-19 update



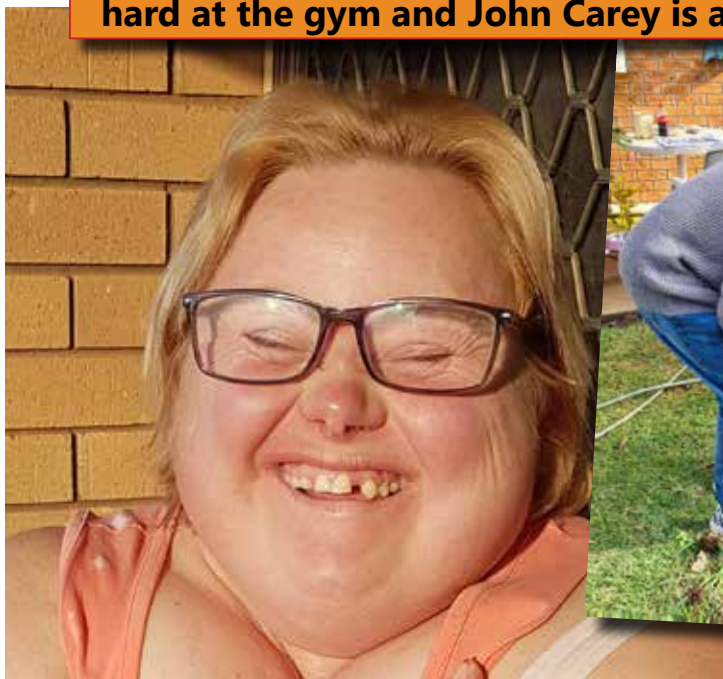
Photo Galleries



Find us on
facebook

Life with opportunities ...

BELOW TOP (L-R): Sarah Bowkett having a chuckle; Shane Spicer does some gardening; Karen Willis buying the essentials at Woolies; Jeanette Lovett doing a puzzle; BOTTOM: Jay Crouch; Joey with a hot rod; Rhyse working hard at the gym and John Carey is all laughs.



CURRAYONG
DISABILITY SERVICES



IT'LL BE A DRY JULY FOR DOUG

DOUG POUT (front)
with his legion of vocal
supporters - (L-R) Jason
Spicer, Currajong support
worker Jason Godden,
Sarah McGlashan (back),
Jarrad Simpson and Joey
Symonds.



DOUG Pout is no stranger to a good cause. Whether it be for Currajong, Autism Awareness or local charities and groups - you name it, Doug has backed it. So when Dry July came around, Doug, in true style, has jumped behind the cause.

"As most of you who know me, know, I'm partial to the occasional tippie, extremely partial," said Doug.

"Most of you also know I'm quite partial to helping people who need it. This is one of those times where others NEEDS outstrip my WANTS. Cancer has hit my family, like a lot of families, extremely hard, and this is my way of doing my bit," he said.

"Please support my Dry July challenge by making a donation. Your donation will help provide comfort and support to cancer patients and their families when they need it most.

"Thanks in advance for your support."

So far Doug is halfway towards his goal of \$250 with all signs indicating he will reach his target soon. Great work Doug! Donate to - https://www.dryjuly.com/users/douglas-pout?fbclid=IwAR-0E55Y0NBvuZ9OrFNfKpHp_81iIzuiTY1IP6A_9ZfJj_5-WbYatI3jqIYY

There's always something going on at



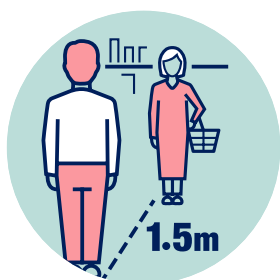
TOP (L-R): Chris Spicer & Tim McDonald cooking up delicious meals; **MAIN:** Sarah Bowkett at Cowra Japanese Gardens; **BOTTOM (L-R):** Jeff Evans and Chair, Neil Unger; Wade and Mark loved the bikes.



Keeping everyone safe:

Physical distancing

helps stop the spread of COVID-19 between people



Stay 1.5 metres or 2 big steps away from other people.



Follow NSW rules for gatherings (individual and business).



Limit visits with family or friends. Talk to them on the phone or online instead.



Outdoor exercise is OK but stay 1.5 metres away from others.



No shaking hands, hugging or kissing other people.



Get tested if you have any symptoms. Self-isolate until you get your test results.

Stay Safe



Wash your hands with soap for at least 20 seconds or use a hand sanitiser.



Cough or sneeze into your elbow or a tissue. Throw the tissue away immediately.

COVID-19 symptoms



Fever



Cough



Sore throat



Shortness of breath

For more information

Call the National Coronavirus Health Information Line on 1800 020 080.

For a free telephone interpreter ring 131 450, say the language you need. Ask the interpreter to connect you to the Coronavirus Health Information line.





**Looking for an
NDIS provider?**

**Call us on
6863 4713!**



CURRAYONG
DISABILITY SERVICES



Are you an Aboriginal Person wanting to learn your language?

Enrol in 10704NAT

Certificate II Basic Aboriginal Languages
for Social Use

WHO IS THIS COURSE FOR?

This course is directed towards Aboriginal People who have a desire to learn more about their language.

You do not need to have any pre-existing skills or knowledge for entry into this course.

Non-Aboriginal people are eligible to enrol, with the approval of the local Aboriginal Community.

This course is fee free for learners who are eligible for Smart & Skilled funding.

ABOUT THE COURSE

This course will be run through blended delivery using Microsoft Teams, commencing on **Monday 20th July**.

Assistance navigating Microsoft Teams can be provided to learners if needed.

Classes will be held on Mondays 4pm-7pm for a duration of 36 weeks.

HOW COULD THIS COURSE BENEFIT YOU?

This course is intended to provide participants with the following community outcomes:

- Develop the knowledge to be able to participate in basic spoken and written exchanges in targeted Aboriginal languages
- Support the revitalization and maintenance of Aboriginal Languages for current and future generations
- Develop understanding and knowledge of culture to strengthen family connections
- Encourage and promote the use of Aboriginal Languages between family and friends
- Develop learning resources to share with others

READY TO BE DEADLY?

Contact us for more information

Name	Bianca Daley
Phone	02 6883 3638
Email	Bianca.daley9@tafensw.edu.au
Address	75 Myall Street DUBBO, NSW 2830

BE CONNECTED
BE RECOGNISED
BE A GO-GETTER

CONTACT US 131 601 TAFENSW.EDU.AU/ABORIGINAL

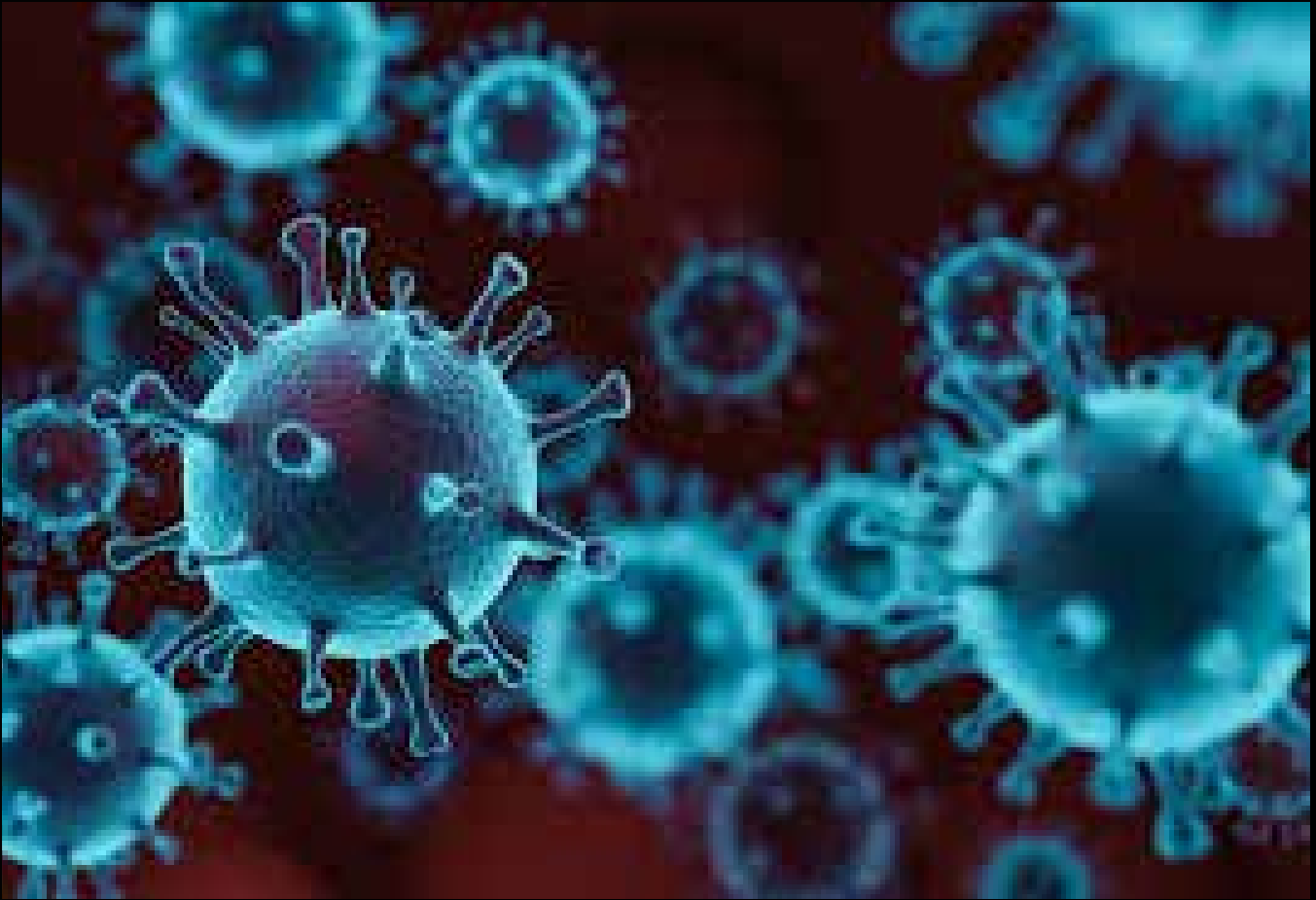


TAFENSW

RTO 90003. Terms and conditions may apply.
Information is correct at time of printing: FEBRUARY 2020



COVID: Reduce risk



Reminder: How to reduce your exposure and chances of getting COVID-19:

- Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitiser with at least 70% alcohol.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your nose and mouth with a tissue when you cough or sneeze, throw used tissues in the bin and clean your hands with soap and water or sanitiser. If you don't have a tissue, sneeze or cough into a flexed elbow.
- Clean and disinfect frequently touched surfaces each day. i.e. tables, bench-tops, door handles.
- Stay home if you are sick and don't expose others. If you are unwell with flu-like symptoms, do not go outside your home, do not go to work, school or shops unless it is essential.
- Do not shake hands, hug or kiss as a greeting.
- Keep a distance of 1.5 metres between yourself and other people.



COURSE CODE

800-000430

COURSE

TAFE Statement in Microsoft Excel - Advanced

ENROL TODAY

TAFENSW.EDU.AU or 131 601

WHY CHOOSE TAFE NSW?



Opens career doors. Our industry relationships lead many students directly into work with a range of employers including agencies, studios, galleries and fashion houses.



Global prospects. TAFE NSW graduates possess the technical knowledge, creative-thinking and specialised skills that are highly sought after by employers around the world.



State-of-the-art facilities. Purpose-built creative studios and industry standard software mean you will master the same tools of the trade as leading professionals.



Industry exposure. TAFE NSW partners with industry to provide you with hands-on experience through networking, sponsor programs, competitions, talks, lectures and other creative industry events.



Recognised and respected. TAFE NSW has built its reputation on delivering trusted, industry aligned and nationally recognised training for over 130 years.



Coming Up ...

July

- * Cord Blood Awareness Month
- * International Group B Strep Throat Awareness Month
- * Juvenile Arthritis Awareness Month
- * National Cleft and Craniofacial Awareness and Prevention Month
- * World Hepatitis Day (July 28)

August

- * Children's Eye Health and Safety Month
- * Gastroparesis Awareness Month
- * National Breastfeeding Month
- * National Immunization Awareness Month
- * Psoriasis Awareness Month
- * World Breastfeeding Week (Aug. 1–7)
- * National Health Center Week (Aug. 9–15)

Disability News

DIYmodify app developed to provide info and support for moving ahead with home fixes and modifications. The app has been designed in collaboration with a team of people that have experience in doing their own Home modifications. The app is available for iPhones/iPads or Android phones/tablets. downloaded free from the DIYmodify website:



Have your say in the NDIS Quality and Safeguards Commission Inquiry -

https://www.aph.gov.au/Parliamentary_Business/Committees/Joint/National_Disability_Insurance_Scheme/QS_Commission/Terms_of_Reference



SBS and the ABC rolling out audio description services - from June 28. Both the ABC and SBS will deliver about 14 hours each of shows every week that have audio description. The Morrison Govt provided an extra \$4 million in funding for the initiative.

