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THANKS TARGET PARKES!!!



Karen Willis and Cherie Lovett with the Target Parkes team loading the donated goods into a van last week.



Out and About



Photo Galleries



Welcome new staff

Life with opportunities ...

BELOW TOP (L-R): Kristy Harvey from Target Parkes with Cherie Lovett and Karen Willis; Brayden Dukes washes his hands; Sarah Bowkett is all smiles; MIDDLE ROW: Blake lines up a tee shot; Joey loves his motorcycles; John Carey and Bonnita Brady at the show; Jeanette and Jaime; Blake ready for a round of golf and Peter Rawson loved seeing the farm animals.



TARGET DELIVERS AGAIN



Cherie Lovett with Kristy Harvey from Target in Parkes and Karen Willis.

WITH the sad news that Target stores across NSW including Parkes and Forbes, are due to close over the next 12 months, Parkes store Manager Kristy Harvey has donated some excess stock to Currajong Disability Services.

In another sign of goodwill and the burgeoning relationship between Target Parkes and Currajong, everything from Christmas decorations to homewares were donated to Currajong as Target Parkes prepares to close its doors pending a backflip from head office.

For Currajong participant Cherie Lovett, the givings are typical of Kristy and Target and the kind nature displayed over the years via numerous donations and endless support.

"We love Target and all they do for us and the community here in Parkes," said Cherie.

"They are always good to us," she said.

"It will be sad if they go and a big loss to the town."

For Currajong support worker Sharnie Morris, the generosity on display is one of many reasons Currajong are also big supporters of Target.

"Kristy and Target are always the first to put their hands up to help, donate or support us here at Currajong Disability Services," she said.

"They embody what community spirit is all about," Sharnie said.

"The donation of Christmas trees, lights, decorations and more has been well-received and we cannot thank them enough - we appreciate all you do for us!"

There's always something going on at



TOP (L-R): Joey and Neil Merchant at Unique Cycles in Forbes; Brayden at the gym; Karen Willis - Fire Chief; Blake pitching onto the green at Parkes Golf Club; Jeanette Lovett enjoying a cuppa at The Dish.



Currajong NDIS Service Pricing Guide

Currajong NDIS Service Pricing Guide July 1, 2020

Currajong will be contacting you over the next few weeks to discuss your plan and pricing changes.

See link – https://currajong.org.au/wp-content/uploads/Currajong-NDIS-Service-Pricing-_-July-1-2020-1.pdf

** The NDIA sets price limits for some supports to ensure they provide value for money for participants.

Changes to prices are updated to respond to market trends and changes in costs and are generally identified through an Annual Price Review, with any new prices outlined in an updated price guide, effective 1 July each year.

You can find the latest support catalogue and price information on the NDIS website at this link – <https://www.ndis.gov.au/providers/price-guides-and-pricing>

Currajong would also like to thank all staff, families and participants for their patience and understanding throughout 2020. It has been a challenging year but we are getting through it and we couldn't do it without you - our people!





COURSE CODE

800-000430

COURSE

TAFE Statement in Microsoft Excel - Advanced

ENROL TODAY

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WHY CHOOSE TAFE NSW?



Opens career doors. Our industry relationships lead many students directly into work with a range of employers including agencies, studios, galleries and fashion houses.



Global prospects. TAFE NSW graduates possess the technical knowledge, creative-thinking and specialised skills that are highly sought after by employers around the world.



State-of-the-art facilities. Purpose-built creative studios and industry standard software mean you will master the same tools of the trade as leading professionals.



Industry exposure. TAFE NSW partners with industry to provide you with hands-on experience through networking, sponsor programs, competitions, talks, lectures and other creative industry events.



Recognised and respected. TAFE NSW has built its reputation on delivering trusted, industry aligned and nationally recognised training for over 130 years.

COVID AND DISABILI

As COVID-19 continues to disrupt life as we know it, and its impacts are felt far and wide across the world, there is a growing need to ensure those most vulnerable are not left behind. In particular, the world's one billion people with disabilities.

For many and varied reasons, people with disabilities are highly vulnerable during this pandemic. For one, people with disabilities are more likely to experience pre-existing health conditions that put them at a higher risk of illness and death due to COVID-19. They are also more likely to fall within the category of low-income earners, increasing their likelihood of living in a crowded home. They may also lack access to adequate water, sanitation and hygiene services and not be able to afford medical assistance and medication. People with disabilities are often excluded from receiving public safety information. People with disabilities are also represented in age groups most impacted by COVID-19, making up one third of people aged 50 or older in low and middle-income countries.

It is not just about people with disabilities being at higher risk of contracting COVID-19. The many other flow-on effects of the pandemic heighten the difficulties people with disabilities face. At various stages, up to half of the world's population have been in some form of lockdown. For people with disabilities, this increases the risk of isolation and can limit their ability to access essential items, services and support. Marife, a Country Officer of CBM Philippines, explains the impacts of COVID-19 on her personally:

I am a person with disability. I am independent and I like socialising. But the situation now is challenging. Public transport, including the ride-hailing transport I use, is now suspended. It is good that there is a nearby shop, I can buy my food there. But how about those who live far from the shop? How about those who rely on public transport to buy their needs?

The pandemic is also having higher economic impact on people with disabilities, with many reports that people with disabilities are at increased risk of losing income and employment due to the crises, while at the same time facing additional expenses. In light of COVID-19, many countries have seen their government expand social protection programs to offer more support to vulnerable people. Yet a paper released last month by the Centre for Inclusive Policy found that of the 181 countries that have adopted social protection measures, only sixty countries have specifically referred to people with disabilities while announcing their relief measures. This shows that while there is some progress for people with disabilities and their families, there is still much to be done to ensure they are meaningfully included and supported throughout COVID-19 response work.



**More info on this story and more at -
<https://devpolicy.org/about-the-blog/>**



ABILITY IN AUSTRALIA



Job insecurity and economic impacts during COVID-19 are gendered. This includes increased risk of gender-based violence for women and those who identify as females, as reported in a global survey by Women Enabled International, which reveal women with disabilities are experiencing violence from partners and family members at least two to three times the rate of other women during quarantine measures in the pandemic.

So, what does a disability-inclusive approach to COVID-19 look like? CBM Australia, together with disability advocacy and representative organisations, have published a statement on how our global response can both include and protect people with disabilities. This includes:

Ensuring the active participation of people with disabilities in all aspects of COVID-19 work, including perspectives of people with disabilities and their representative bodies across the region in all consultations, response and recovery planning;

Providing all information about the pandemic and responses in a broad range of accessible formats;

Continuing disability support services and pre-existing programs towards the inclusion and empowerment of people with disabilities, even in the context of physical distancing and other pandemic responses;

Providing those working on COVID responses with guidance on how they can achieve disability inclusion in their activities and ensuring they report on how people with disabilities are included and benefiting from their work;

On a policy level, factoring disability inclusion into all high-level dialogue on COVID-19 between governments and the many other development actors and funders.

In recent years, Australia has made significant inroads to bring disability inclusion into action through our humanitarian and international development work, and it is encouraging to see that people with disabilities were mentioned as a priority in the Ministerial Foreword to DFAT's recently released Partnerships for Recovery COVID-19 response strategy. Progress towards disability inclusion has been a sector wide effort with the Australian Government providing vital funding and many NGOs embracing disability inclusion in their programming. This kind of collaborative approach is what is needed during this new era.

Those of us working in the international development space have a unique opportunity to influence the COVID-19 response and recovery in our region and further afield – to meaningfully engage with people with disabilities and ensure they are at the centre of our efforts. In a recent address, the UN's Secretary-General António Guterres stated that, "when we secure the rights of people with disabilities, we are investing in our common future." We can all work towards this common future by ensuring no one is left behind in our efforts.

Written by Alexandra Bingham & Lucy Daniel

COVID: Reduce risk

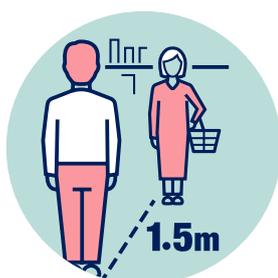


Reminder: How to reduce your exposure and chances of getting COVID-19:

- Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitiser with at least 70% alcohol.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your nose and mouth with a tissue when you cough or sneeze, throw used tissues in the bin and clean your hands with soap and water or sanitiser. If you don't have a tissue, sneeze or cough into a flexed elbow.
- Clean and disinfect frequently touched surfaces each day. i.e. tables, benchtops, door handles.
- Stay home if you are sick and don't expose others. If you are unwell with flu-like symptoms, do not go outside your home, do not go to work, school or shops unless it is essential.
- Do not shake hands, hug or kiss as a greeting.
- Keep a distance of 1.5 metres between yourself and other people.

Keeping everyone safe: Physical distancing

helps stop the spread of COVID-19 between people



**Stay 1.5 metres
or 2 big steps
away from other
people.**



**Follow NSW rules
for gatherings
(individual and
business).**



**Limit visits with
family or friends.
Talk to them on
the phone or
online instead.**



**Outdoor exercise
is OK but stay
1.5 metres away
from others.**



**No shaking
hands, hugging
or kissing other
people.**



**Get tested if
you have any
symptoms.
Self-isolate until
you get your test
results.**

Stay Safe



**Wash your hands
with soap for at
least 20 seconds
or use a hand
sanitiser.**



**Cough or
sneeze into
your elbow or
a tissue. Throw
the tissue away
immediately.**

COVID-19 symptoms



Fever



Cough



**Sore
throat**



**Shortness
of breath**

For more information

Call the National Coronavirus Health Information Line on 1800 020 080.

For a free telephone interpreter ring 131 450, say the language you need. Ask the interpreter to connect you to the Coronavirus Health Information line.

Coming Up ...

July

- * Cord Blood Awareness Month
- * International Group B Strep Throat Awareness Month
- * Juvenile Arthritis Awareness Month
- * National Cleft and Craniofacial Awareness and Prevention Month
- * World Hepatitis Day (July 28)

August

- * Children's Eye Health and Safety Month
- * Gastroparesis Awareness Month
- * National Breastfeeding Month
- * National Immunization Awareness Month
- * Psoriasis Awareness Month
- * World Breastfeeding Week (Aug. 1-7)
- * National Health Center Week (Aug. 9-15)



Matt Brown (pictured) and Debbie Gould (inset) recently started at Currajong and we are ecstatic to have them on the team. Matt will be doing work placement for a few weeks with us while Debbie is now a new Currajong Disability Services employee. Congrats guys and thanks for joining Currajong!

Your rights during the COVID-19 pandemic

You have the right to not be discriminated against

Discrimination is against the law in certain areas, including:

- employment
- education
- providing goods and services
- accommodation
- registered clubs.

Your rights during the pandemic

Even during the COVID-19 pandemic and the restrictions, you have the right to live in an environment free of discrimination.

You have the right not to be discriminated against because of your race, your pregnancy, your illness or your responsibilities as a carer. There are a number of other protected characteristics under NSW anti-discrimination law.

Examples of unlawful discrimination

Your employment is terminated because you have COVID-19 or someone in your family has COVID-19.

Your employer downsizes because of COVID-19, and with changes being rolled out in your workplace you are treated differently to your colleagues, on the basis of your pregnancy or your responsibilities as a carer.

Your rental agreement is terminated because you're a doctor, nurse or health worker and the landlord is worried that you will be infected with COVID-19 and will contaminate the property.

You are abused in public because of your race. Race includes colour, nationality, descent, ethnic and/or ethno-religious background.

You are denied service at a shop because of your race.

Your responsibilities during the pandemic

You have a responsibility to follow the laws and restrictions that are in place during the COVID-19 pandemic. The latest health advice can be found on the NSW Health website.

You also have a responsibility to not discriminate against anyone or treat them unfairly because of their race, because you think they have COVID-19 or for any other characteristic that is protected by the NSW legislation.

More information about discrimination and your rights during the COVID-19 pandemic is available on Anti-Discrimination NSW's website: antidiscrimination.justice.nsw.gov.au



Looking for an NDIS provider?



CURRAYONG
DISABILITY SERVICES