



Lots on @ Currajong



Disability News

# SHANNON LAUNCHES JEWELRY RANGE



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# ***Life with opportunities ...***

**BELOW TOP (L-R): Sanu and Patty Trout passing the football at Cooke Park; Peter Rawson cycling as part of his exercise program; Jaime Nielsen and Cherie Lovett with Paulini at Cecil Street getting creative; Sarah Bowkett loved seeing the snow on a recent trip to Cowra and surrounds. Currajong Disability Services - life with opportunities ...**



# SHANNON'S CREATIONS

SHANNON Miller has always been creative and for those who know him, his real specialty has been jewelry making.

"He's always been creative and talented for as long as I have known him," said Deitre Jackson of Currajong Disability Services who often cares for Shannon when he is at Currajong HQ.

"He's one of those people who can create anything from anything but in my humble opinion it's his jewelry along with indigenous artwork that are among the most incredible things he does," she said.

"He just has an eye for it!"

The latest creations come on the back of a government imposed lockdown which allowed many, including Shannon, to tap into his creativity.

"I like doing it and it is a lot of fun," Shannon said.

"I am happy it makes others happy," he said.

"Hopefully I can do it more often and maybe one day all the time," Shannon said.

While Shannon and Deitre figure out behind the scenes how to make Shannon's venture viable, Shannon meanwhile will keep designing his bracelets.

"Seeing people smile is what it's all about," he said.

"If I can bring some joy to people that's great," Shannon explained.

When asked what he liked most about jewelry making Shannon was very open.

"Being creative and the detail that goes into doing it I really like," he said.

"It requires time and patience which we all had during lockdown," Shannon said.

"The dream is to one day run a store with my creations so I hope I can make it happen!"

We hope so too Shan! Great work!

**(RIGHT - Shannon Miller hard at it making bracelets.)**





**There's always something going on at**



**TOP (L-R): Cherie Lovett and Parkes Target Manager Kristy Harvey share a laugh; Doug Pout loves a selfie; Chris Spicer auditions for Masterchef; Karen Willis models her new beanie; Jackson Collier has a break from lawns while Deb Hewitt cracks a smile for the camera :)**



## Currajong NDIS Service Pricing Guide

Currajong NDIS Service Pricing Guide July 1, 2020

Currajong will be contacting you over the next few weeks to discuss your plan and pricing changes.

See link – <https://currajong.org.au/wp-content/uploads/Currajong-NDIS-Service-Pricing--July-1-2020-1.pdf>

\*\* The NDIA sets price limits for some supports to ensure they provide value for money for participants.

Changes to prices are updated to respond to market trends and changes in costs and are generally identified through an Annual Price Review, with any new prices outlined in an updated price guide, effective 1 July each year.

You can find the latest support catalogue and price information on the NDIS website at this link – <https://www.ndis.gov.au/providers/price-guides-and-pricing>

Currajong would also like to thank all staff, families and participants for their patience and understanding throughout 2020. It has been a challenging year but we are getting through it and we couldn't do it without you - our people!



# Disability News

Gucci Beauty's newest campaign stars Ellie Goldstein, an 18-year-old model with Down Syndrome. Click [HERE](#) to read more.

Pioneering brain haemorrhage treatment reduces long-term disability in premature babies. More [HERE](#)

A new study of 120 global brands shows how over 90% of businesses are recognising the importance of disability in business with employees and customers. More [HERE](#)



## DONATE FOR OUR MATE

DONATE TO DOUG FOR DRY JULY!!

### Why I'm Taking Part - Doug Pout

Believe it or not, I've signed up for a Dry July! But it's more than just giving up alcohol... It's also about raising funds for people affected by cancer.

Please support my Dry July challenge by making a donation. Your donation will help provide comfort and support to cancer patients and their families when they need it most.

Thanks in advance for your support.

<https://www.dryjuly.com/users/douglas-pout?fbclid=IwAR2g5Zg=bU08ugaaf8tg3DHRsjgmLzq=S7oEBdbm0c207uICYSwQNRHxIV0>



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Financial counselling



Paying for funeral insurance



Centrelink payments/debts



Housing



Renting or buying household goods



Stolen Generations compensation



Education & free laptop scams



Employment



Complaints about Government



Superannuation

## Tuesday, 14 July 9am – 2pm

*During COVID19 we won't be in Lake Cargelligo, please call Patricia on*













**(02) 9219 5057 or 1800 793 017**



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|  Paying for funeral insurance      |  scams                           |
|  Centrelink payments/debts         |  Employment                      |
|  Housing                           |  Complaints about Government     |
|  Renting or buying household goods |  Superannuation                  |

**Wednesday 15 July**  
**9am – 2pm**

*During COVID19 we won't be in Condobolin, please call Patricia on*  
**(02) 9219 5057 or 1800 793 017**



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# COVID-19

## LIFESPAN ON DIFFERENT SURFACES



### air

3 hours - includes moisture from coughs/sneezes, fog, dust, medical gas



### copper

4 hours - includes taps, draw handles



### non-porous surfaces

4+ days- includes door knobs, elevator buttons, hand rails, light switches



### cardboard

24 hours - packages and mail unlikely to transmit COVID-19



### plastic

2-3 days - includes bottles, plastic bags, containers



### glass

9 days - includes mobile phones, use disinfectant wipes not alcohol wipes

Source: World Health Organisation

**7 NEWS**  
com.au

### Reminder: How to reduce your exposure and chances of getting COVID-19:

- Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitiser with at least 70% alcohol.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your nose and mouth with a tissue when you cough or sneeze, throw used tissues in the bin and clean your hands with soap and water or sanitiser. If you don't have a tissue, sneeze or cough into a flexed elbow.
- Clean and disinfect frequently touched surfaces each day. i.e. tables, benchtops, door handles.
- Stay home if you are sick and don't expose others. If you are unwell with flu-like symptoms, do not go outside your home, do not go to work, school or shops unless it is essential.
- Do not shake hands, hug or kiss as a greeting.
- Keep a distance of 1.5 metres between yourself and other people.



# Information on income support payments for people already getting a payment



**centrelink**

## You don't need to do anything

If you already get a Centrelink payment, you don't need to contact us to get additional payments. This includes the two lump sum \$750 Economic Support Payments to support households and the \$550 additional Coronavirus Supplement. This will happen as part of your usual payment. You can't nominate a particular day to get your payment.

### Economic Support Payments

#### FIRST LUMP SUM PAYMENT

We'll pay you \$750 from 31 March 2020 if you're getting an eligible payment on any day between 12 March to 13 April 2020.

To be eligible for the first payment, you must be residing in Australia and getting one of the following payments, or hold one of the following concession cards, at any time from 12 March 2020 to 13 April 2020:

- Age Pension
- Disability Support Pension
- Carer Payment
- Parenting Payment
- Wife Pension
- Widow B Pension
- ABSTUDY (Living Allowance)
- Austudy
- Bereavement Allowance
- Newstart Allowance
- JobSeeker Payment
- Youth Allowance
- Partner Allowance
- Sickness Allowance
- Special Benefit
- Widow Allowance
- Family Tax Benefit Part A
- Family Tax Benefit Part B
- Double Orphan Pension
- Carer Allowance

- Pensioner Concession Card (PCC) holders
- Commonwealth Seniors Health Card holders
- Veteran Service Pension
- Veteran Income Support Supplement
- Veteran Compensation payments, including lump sum payments
- War Widow(er) Pension
- Veteran Payment
- DVA PCC holders
- DVA Education Scheme recipients
- Disability Pensioners at the temporary special rate
- DVA Income support pensioners at \$0 rate
- Veteran Gold Card holders
- Farm Household Allowance

If you're a Commonwealth Seniors Health Care Card holder, you'll need to make sure we have your bank account details. You can update your bank account details through myGov using your Centrelink online account.

#### SECOND LUMP SUM PAYMENT

We'll pay the second \$750 Economic Support Payment from 13 July 2020.

If you're not eligible for the Coronavirus Supplement, you may get a second \$750 Economic Support Payment. To be eligible for the second payment, you must be residing in Australia and on 10 July 2020 you're getting one of the payments or holding one of the concession cards that were eligible for the first payment.

Eligibility for the second payment is the same as the first. However, if you're getting an income support payment and the Coronavirus Supplement, you won't be eligible for the second Economic Support Payment (see Coronavirus Supplement eligible income support payments below).



**Australian Government**  
**Services Australia**

[servicesaustralia.gov.au](https://servicesaustralia.gov.au)



## Coming Up ...

### July

- \* Cord Blood Awareness Month
- \* International Group B Strep Throat Awareness Month
- \* Juvenile Arthritis Awareness Month
- \* National Cleft and Craniofacial Awareness and Prevention Month
- \* World Hepatitis Day (July 28)

### August

- \* Children's Eye Health and Safety Month
- \* Gastroparesis Awareness Month
- \* National Breastfeeding Month
- \* National Immunization Awareness Month
- \* Psoriasis Awareness Month
- \* World Breastfeeding Week (Aug. 1-7)
- \* National Health Center Week (Aug. 9-15)



# Your rights during the COVID-19 pandemic

## You have the right to not be discriminated against

Discrimination is against the law in certain areas, including:

- employment
- education
- providing goods and services
- accommodation
- registered clubs.

### Your rights during the pandemic

Even during the COVID-19 pandemic and the restrictions, you have the right to live in an environment free of discrimination.

You have the right not to be discriminated against because of your race, your pregnancy, your illness or your responsibilities as a carer. There are a number of other protected characteristics under NSW anti-discrimination law.

### Examples of unlawful discrimination

Your employment is terminated because you have COVID-19 or someone in your family has COVID-19.

Your employer downsizes because of COVID-19, and with changes being rolled out in your workplace you are treated differently to your colleagues, on the basis of your pregnancy or your responsibilities as a carer.

Your rental agreement is terminated because you're a doctor, nurse or health worker and the landlord is worried that you will be infected with COVID-19 and will contaminate the property.

You are abused in public because of your race. Race includes colour, nationality, descent, ethnic and/or ethno-religious background.

You are denied service at a shop because of your race.

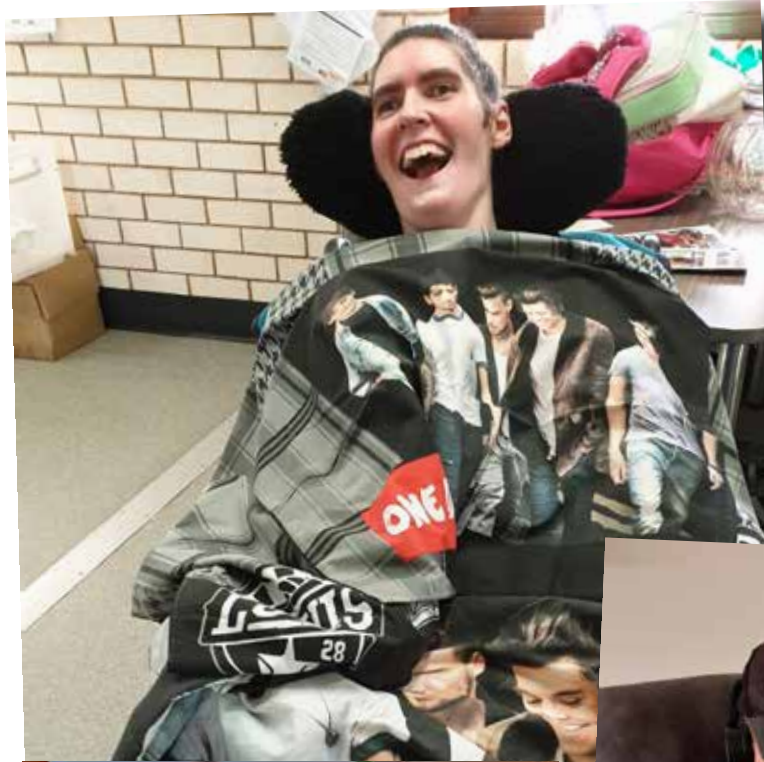
### Your responsibilities during the pandemic

You have a responsibility to follow the laws and restrictions that are in place during the COVID-19 pandemic. The latest health advice can be found on the NSW Health website.

You also have a responsibility to not discriminate against anyone or treat them unfairly because of their race, because you think they have COVID-19 or for any other characteristic that is protected by the NSW legislation.

More information about discrimination and your rights during the COVID-19 pandemic is available on Anti-Discrimination NSW's website: **[antidiscrimination.justice.nsw.gov.au](https://antidiscrimination.justice.nsw.gov.au)**





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