



***Life with opportunities ...***

**TIME  
TO  
SHAKE  
AND  
BLAKE!**



*Seb's latest painting*



*Lots on @ Currajong*



*Music workshop*



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facebook

# COVID-19

## LIFESPAN ON DIFFERENT SURFACES



### air

3 hours - includes moisture from coughs/sneezes, fog, dust, medical gas



### copper

4 hours - includes taps, draw handles



### non-porous surfaces

4+ days- includes door knobs, elevator buttons, hand rails, light switches



### cardboard

24 hours - packages and mail unlikely to transmit COVID-19



### plastic

2-3 days - includes bottles, plastic bags, containers



### glass

9 days - includes mobile phones, use disinfectant wipes not alcohol wipes

Source: World Health Organisation

**7 NEWS**  
.com.au

### Reminder: How to reduce your exposure and chances of getting COVID-19:

- Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitiser with at least 70% alcohol.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your nose and mouth with a tissue when you cough or sneeze, throw used tissues in the bin and clean your hands with soap and water or sanitiser. If you don't have a tissue, sneeze or cough into a flexed elbow.
- Clean and disinfect frequently touched surfaces each day. i.e. tables, benchtops, door handles.
- Stay home if you are sick and don't expose others. If you are unwell with flu-like symptoms, do not go outside your home, do not go to work, school or shops unless it is essential.
- Do not shake hands, hug or kiss as a greeting.
- Keep a distance of 1.5 metres between yourself and other people.



# CURRAJONG TENPIN PIX





There's always something going on at



**TOP (L-R): Shannon Miller in the garden; Bonnita on a day out in Forbes; Dolly cuts Karen's hair at Cecile Street; Peter Rawson doing his vacuuming chores at Westview last week.**

## Currajong NDIS Service Pricing Guide

Currajong NDIS Service Pricing Guide July 1, 2020

Currajong will be contacting you over the next few weeks to discuss your plan and pricing changes.

See link – <https://currajong.org.au/wp-content/uploads/Currajong-NDIS-Service-Pricing-July-1-2020-1.pdf>

\*\* The NDIA sets price limits for some supports to ensure they provide value for money for participants.

Changes to prices are updated to respond to market trends and changes in costs and are generally identified through an Annual Price Review, with any new prices outlined in an updated price guide, effective 1 July each year.

You can find the latest support catalogue and price information on the NDIS website at this link – <https://www.ndis.gov.au/providers/price-guides-and-pricing>

Currajong would also like to thank all staff, families and participants for their patience and understanding throughout 2020. It has been a challenging year but we are getting through it and we couldn't do it without you - our people!



# Disability News

World Hepatitis Day (July 28) events subdued due to COVID-19 pandemic.

Currajong begins plans for IDPwD with Forbes Shire Council to stage disability film festival.



## POSITION VACANT

Currajong Disability Services Ltd – Parkes  
We are seeking interested applicants for a Casual Disability Support Worker position based out of Parkes. Experience preferred but not essential. The position involves personal care and working weekends including evenings and nights. Position description and applications can be obtained via [mail@currajong.org.au](mailto:mail@currajong.org.au) or 02 6863 4713



## DONATE FOR OUR MATE

DONATE TO DOUG FOR DRY JULY!!

### **Why I'm Taking Part - Doug Pout**

Believe it or not, I've signed up for a Dry July! But it's more than just giving up alcohol... It's also about raising funds for people affected by cancer.

Please support my Dry July challenge by making a donation. Your donation will help provide comfort and support to cancer patients and their families when they need it most.

Thanks in advance for your support.

<https://www.dryjuly.com/users/douglas-pout?fbclid=IwAR2g5Zg-bU08ugaaf8tg3DHrsigmlxLzq-S7oFBdbm0c207uICYSwQNRHxIV0>

**BE AMBITIOUS**

# BE CREATIVE WITH PHOTOGRAPHY AND PHOTO IMAGING

**ENROL IN 900-81503V01  
STATEMENT OF ATTAINMENT IN PHOTOGRAPHY  
AND PHOTO IMAGING**

## **COURSE DESCRIPTION:**

This course allows individuals to apply technical skills in photo imaging, including lighting and image capture.

This course will help you to develop a portfolio of work to support applications to higher level courses or to simply develop and extend your photography skills.

Explore the foundations of photography techniques which will also include composition and design guided by established practicing photographers.

## **COURSE UNITS:**

The Statement of Attainment in Photography and Photo Imaging has the following units:

- **CUADIG303**  
Produce and prepare photo images
- **CUAPHI401**  
Capture images in response to a brief

## **COURSE SNAPSHOT**

### **Location:**

TAFE NSW West Connect

### **Course:**

Statement of Attainment in Photography and Photo Imaging

### **Course Delivery:**

900-81503V01 This course is part time in the evening, blended delivery, over a period of 18 weeks.

### **Cost:**

\$1,800.00

For more information regarding fees, please contact us on **131 601**.

To enrol, or for more information, please contact your local TAFE NSW on 131 601, or visit [tafensw.edu.au](http://tafensw.edu.au)

## **CONTACT US TODAY**

 **131 601**  [tafensw.edu.au/art-design](http://tafensw.edu.au/art-design)



**TAFE**NSW

This document is correct at the time of printing: January 2020.  
\*Terms and conditions may apply.



RTO 90003



***Life with opportunities ...***



**CURRAGH**  
DISABILITY SERVICES



# MUSIC THERAPY





# 2020 Student Transition Fact Sheet

## Going to TAFE? University?

### University Accessibility Services

Universities provide support services to students with disability or ongoing health conditions. This may include planning for assessment adjustments, exam provisions, equipment and assistive technology provision, liaison, advice and advocacy, amongst other services. You can link to these services at the universities you are interested in by visiting <https://bit.ly/2D4Z6iS>

### Tertiary Admission Centres (TACs)

TACs receive and process applications for admission to courses on behalf of the many tertiary institutions in each state and territory. Your State TAC will have more information about dates and processes. <https://bit.ly/2O0dGKV>

### How to link with Vocational Education and Training Providers (VET) in each State?

*A Guide to TAFEs in Australia*  
<https://bit.ly/3e2tQxU>

*Find a Registered Training Organisation/Course* through the *My Skills* site which also has links to additional resources such as career and industry information, and to other Australian Government websites and programs. [www.myskills.gov.au](http://www.myskills.gov.au)

### Support for Australian Apprentices with disability

The Australian Government provides additional support to Australian Apprentices with disability to help them reach their full potential as skilled workers. <https://bit.ly/2BvOQA1>



**Important information for 2020 school leavers with additional support needs due to disability. Do you have a plan to work and/or study?**

## Planning

### Get Ready for Study and Work

These student workbooks and parent guides contain information, contacts and activities to help you transition from school into further study



[www.westernsydney.edu.au/getreadyforstudyandwork](http://www.westernsydney.edu.au/getreadyforstudyandwork)

### Planning for Post-Secondary Education

Successfully entering post-secondary education takes planning, preparation and careful consideration, for all students, and is crucially important for students with disability.

<https://bit.ly/2NUVnH1>

### Disability Standards for Education (DSE) Website

The main aim of the DSE website is to give students with disability an understanding of their right to participate in educational courses and programs on the same basis as students without disability. This means a person with disability should have access to the same opportunities and choices in their education that are available to a person without disability.

<https://ddaedustandards.info>

### Sharing Information About Your Disability

It is important to remember that it is your right to choose whether you share information about your disability (unless there is a safety concern for you or other people). However, if you would like *reasonable adjustments* to be made for study or work you will need to tell certain people about your disability.

<https://bit.ly/3gt2GBR>

## Coming Up ...

### July

- \* Cord Blood Awareness Month
- \* International Group B Strep Throat Awareness Month
- \* Juvenile Arthritis Awareness Month
- \* National Cleft and Craniofacial Awareness and Prevention Month
- \* World Hepatitis Day (July 28)

### August

- \* Children's Eye Health and Safety Month
- \* Gastroparesis Awareness Month
- \* National Breastfeeding Month
- \* National Immunization Awareness Month
- \* Psoriasis Awareness Month
- \* World Breastfeeding Week (Aug. 1–7)
- \* National Health Center Week (Aug. 9–15)







# SEBASTIAN BLOSSOMS INTO AN ARTIST



DESPITE the postponement of the unveiling of Sebastian Sadgrove's painting "The Blue Dish" at the Parkes Observatory during Autism Awareness Month in April, it hasn't stopped the Peak Hill resident and Currajong participant from getting his creative on.

"I really enjoy my painting and it is a great way for me to express myself," he said.

"Being creative and bringing happiness to others is a good thing," Seb said.

"I can't wait to show my other artworks hopefully one day through an exhibition," said Sebastian.

For Currajong's Indigo Kriedemann, Seb's work is phenomenal and she hopes one day it can be showcased to a wider audience.

"Seb like a few participants here at Currajong, has an amazing talent," Indigo said.

"It would be tremendous if more people could see his fantastic array of artwork," she said.

"And we are still waiting on confirmation of a new date for The Blue Dish to be showcased at the Observatory," said Indigo.

So are we Seb and we can't wait!





**Looking for an  
NDIS provider?**



**CURRAYONG**  
DISABILITY SERVICES