

# LIVING THEIR BEST LIVES



Music day beats

THIS year has been crazy and one we will never forget anytime soon. At Currajong, our participants have made the most of it and continue to thrive. Carpe Diem friends and keep living your best life!



Weekly snapshots





## Supporting the person you care for with making decisions and planning for the future

**Do you support someone with making decisions and planning for the future? Do you want to better understand your role and how to access support?**

If you support an older person or an adult with disability with decision making and planning for the future and would like to better understand supported decision making, the role of a guardian, and other supports that are available to you, this session is for you.

This free webinar will provide you with the opportunity to hear from a panel of experts on guardianship and supported

decision making, elder mediation and carer support, with plenty of time for questions and discussion. Participants submit their questions ahead of time.

Carers NSW, the Public Guardian and Relationships Australia NSW invite you to join an online session on:

**Thursday 24 September 2020,  
from 10:00 to 11:30am**

Please register online [here](#) by Wednesday 23 September 2020.

For more information, please contact the Carers NSW Education and Training team at [education@carersnsw.org.au](mailto:education@carersnsw.org.au) or on 02 9280 4744.

# Music workshop hits the right notes at Currajong

Musica Ariosa came to Currajong Disability Services in Parkes again this week in what is shaping as a real highlight of the 2020 calendar.

The workshops, which not only help with social skills and timing are also grreat therapy for the participants who partake.

"I love Musica Ariosa!" said Blake Huntly.

"It's a great time and it keeps just getting better," he said.

"I can't wait til next week already!"



**ABOVE:** Blake Huntly banging on the drum

## Have you sorted your paper shredding?



Find us on  
**facebook**



You can call on 6863 4713 or try email -  
[mail@currajong.org.au](mailto:mail@currajong.org.au) or contact us via  
our Facebook page or our website for all  
your paper shredding needs -  
<https://currajong.org.au/contact/>



BE AMBITIOUS

# BE EMPLOYED IN HOSPITALITY

## SIT20416 Certificate II in Kitchen Operations

### COURSE DESCRIPTION:

Love cooking? Turn your passion into a career. Whether you are new to the kitchen, returning to work or looking for a career change, the nationally recognised Certificate II in Kitchen Operations will get you cooking with gas! You will learn how to cook a range of dishes and feel comfortable in a commercial kitchen environment. Qualified kitchen staff are in high demand in our local area.

### THIS COURSE ALSO PROVIDES:

Learning Resources: You will receive a kitchen workbook kit in your first class.

TAFE provides learner support, library resources and much more.

### COURSE OUTCOMES INCLUDING:

- Possible job titles
  - Breakfast cook
  - Catering assistant
  - Fast food cook
  - Sandwich hand
  - Takeaway cook

### HOW TO GET INVOLVED:

The course commences on Tuesday 11 February at 9:00 am.  
Attendance: 3 days per week, Tuesday, Wednesday and Thursday 9:00 am to 4:00 pm.

At the end of your course you may be eligible to articulate into a Certificate III or IV in Commercial Cookery.

### COURSE SNAPSHOT

**Location:** TAFE NSW Parkes, 25 Bushman Street, Parkes NSW 2870

**Course:** SIT20416 Certificate II in Kitchen Operations

**Cost:** The amount you pay will depend on individual circumstances. Concessions and exemptions apply.

**Note:** Students will need to supply their own uniform. Details will be provided in your first class.

You will not need to purchase any other equipment or chefs tools for this course.

### CONTACT US TODAY

 131 601  [tafensw.edu.au/course area](http://tafensw.edu.au/course area)



**TAFE**NSW

This document is correct at the time of printing: January 2019.  
\*Terms and conditions may apply.



RTO 90003

# Message to Stolen Generations members

Have you made an application for the Stolen Generations Reparations Scheme?  
Legal Aid NSW can help you.



## Who can get reparations?

You may be able to get reparations if you were:

- removed from your family or apprenticed,
- by some NSW government agencies, and
- this happened before 2 June 1969.

Not all people who were removed by a NSW government agency can get reparations. If you are not sure, talk to a lawyer.

## When does the scheme end?

1 July 2022. Apply now.

## What could I get?

You could get:

- a payment of up to \$75,000, and
- \$7,000 to help pay for your funeral costs.

## How can I apply?

To get the application form:

- call Aboriginal Affairs on 1800 019 998.  
They can send it to you and help you fill it out, or
- download it at [www.aboriginalaffairs.nsw.gov.au/healing-and-reparations/stolen-generations](http://www.aboriginalaffairs.nsw.gov.au/healing-and-reparations/stolen-generations)

**There's always something going on at**



**TOP (L-R): Karen Willis enjoying a coffee; Jay wishing his dad Happy Father's Day; Sanu and Patty pass the footy; John Carey with his new friend; Peter Rawson getting creative; Joey beat boxing at Currajong HQ in Parkes this week.**



**Submit your event or story to us for our weekly newsletter by emailing us at - [dane.millerd@currajong.org.au](mailto:dane.millerd@currajong.org.au) or via our Facebook page or our website - <https://currajong.org.au/contact/>**







## Get free support and stay safe online

Leep can connect you to a highly skilled, patient volunteer Tech Mate who can support you to access services and keep you connected to family and friends.

**This support is free, and all you need to do is call us on 1300 163 106 to make an appointment.**

### Our Tech Mates can provide assistance on:

- Basic digital skills, like texting, emailing and video chatting
- Setting up devices and accounts
- Downloading apps
- Accessing medical appointments through telehealth
- Online shopping, banking and Government services

This program is normally delivered face-to-face, but due to COVID-19 our Tech Mates are providing the service via phone and video chat.

**Everything  
is waiting  
for you  
leep.ngo**

*"What's so good about the whole program is that it is one-on-one and getting support over the phone does work."*

- JAN, BATHURST

hello@leep.ngo • 1300 163 106





THE UNIVERSITY OF  
**SYDNEY**



**SAVE SIGHT**  
INSTITUTE

# COMMUNITY INFO WEBINAR

YOUNG ADULTS | PARENTS  
EDUCATORS

see the future

**Saturday 19th September 2020**  
**12:30 pm - 4:30pm**

**Scan to Register**



Or register online at:

[savesightinstitute.org.au/info-day](https://savesightinstitute.org.au/info-day)

email: [ssi.events@sydney.edu.au](mailto:ssi.events@sydney.edu.au)

[WWW.SAVESIGHTINSTITUTE.ORG.AU](https://WWW.SAVESIGHTINSTITUTE.ORG.AU)

## PROGRAMME INCLUDES

- Keynote speakers:
- Darren Fittler, Lead Partner in Gilbert + Tobin's Law Firm Charities + Social Sector group
- Murray Elbourn, Disability Inclusion Manager at Sport NSW, CEO at Blind Sport NSW and Chair at NSW
- Amy Ridley, Goalball Youth World Championship player
- Sessions on:
  - Sport
  - Technology
  - Education
  - Research updates
  - Breakout sessions for parents, educators, and young people



**BE AMBITIOUS**

# BE EMPLOYED IN THE CONSTRUCTION INDUSTRY

**Begin your journey towards a career in the  
Construction Industry by obtaining a white card**

## **COURSE DESCRIPTION:**

The course will provide the mandatory work health and safety training required prior to undertaking construction work.

## **THIS COURSE ALSO PROVIDES:**

This course requires you to demonstrate personal awareness and knowledge of health and safety legislative requirements in order to work safely and prevent injury or harm to self and others

## **COURSE OUTCOMES INCLUDING:**

- Identifying and orally reporting common construction hazards.
- Understanding basic risk control measures
- Identifying procedures for responding to potential incidents and emergencies
- Correctly selecting and fitting common PPE.

## **HOW TO GET INVOLVED:**

Visit TAFE Cnr Browne & Harold Streets Forbes.

## **COURSE SNAPSHOT**

### **Location:**

TAFE NSW Forbes Campus,  
Cnr Browne & Harold Streets  
Forbes NSW 2871

**Course:** Statement of Attainment  
in in General Construction  
Induction in NSW

**Course date:** Monday, 21  
September 2020 from 8:00 a.m.

**Cost:** \$160

**Note:** You must provide 100 points  
of original ID immediately prior to  
the course commencement

## **CONTACT US TODAY**

 131 601  [tafensw.edu.au/course-area](https://tafensw.edu.au/course-area)



**TAFE**  
NSW

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RTO 90003

## ADF iConnect

Join the thousands of Aboriginal Australians and Torres Strait Islanders who enjoy financial security, rewarding work and personal development in jobs that include representing and mentoring their communities.

Learn skills that transfer across a range of areas focused on entry into the defense forces.

Code	CSO5555
Duration	50 Hours
Cost	Nil Cost
Location	TBA
Note	Program commencing Term 4, 2020

### WHAT YOU CAN BE

iConnect provides participants with a taste of targeted vocation areas and assistance in establishing pathway options for further learning.

#### Vocational focus area:

- ADF Entry

#### Cultural focus:

- Aboriginal Culture(customised)

The fifty hour program is structured as follows:

- Field Study (25 hours)
- Aboriginal Culture (15 hours)
- Employment Skills (10 hours)

#### This program is a pathway to:

- Vocational Accredited Qualifications in order to build key skills for ADF entry, Army, Navy, Air Force
- Certificate I in Fundamental Aboriginal Languages for Personal Use
- Certificate II of Basic Aboriginal Languages for Social Use
- Career Preparation Study Pathways

### HOW DOES IT WORK

#### Training and entry details

The iConnect Program is an entry level course designed to connect Aboriginal and Torres Strait Islander people with education and culture.

Participants will experience a range of vocational educational areas whilst personal growth and career aspirations are supported.

Upon completing the 50 hour program participants will receive a TAFE Statement in Education and Employment Pathways.

#### ELIGIBILITY

Participants will need to meet the below criteria to be eligible for this training:

- 15 years or older.
- Live or work in NSW.
- No longer be at school.

### READY TO BE DEADLY?

If you are interested in participating in this program, please register your interest by scanning the QR code or contact your local AEC.

Dubbo-Cedelia Duke 68833497  
Orange - Kurt Beahan 63915676  
Tamworth-Simon Taylor 67682525

Scan the QR code now to register your interest!







## September

Blood Cancer Awareness Month  
Childhood Cancer Awareness Month  
National Cholesterol Education Month  
Ovarian Cancer Awareness Month  
Prostate Cancer Awareness Month  
World Alzheimer's Month  
National Suicide Prevention Week (Sept. 6–12)  
World Suicide Prevention Day (Sept. 10)  
R U Ok Day (Sept. 10)  
World Sepsis Day (Sept. 13)  
National Celiac Disease Awareness Day  
(Sept. 13)  
World Heart Day (Sept. 29)



**Looking for an  
NDIS provider?**

**Life with opportunities**

 **CURRAYONG**  
DISABILITY SERVICES